American Legion Auxiliary, Dept. of Pennsylvania

Keystone Girls State 2026

Parent Packet

Table of Contents

Welcome From your KGS Staff!

Dear Parents and Guardians,

We invite you to join your citizen on her ALA Keystone Girls State journey. This will prove to be an amazing learning experience for both you and your daughter. **Stay connected with your citizen and find out more about our program:**

> Join us on **FACEBOOK LIVE!** We will be live streaming debates, trials, sessions of the house and senate, talent show and city song on our Facebook page Keystone Girls State.
>
> **Check in on our Social Media!** Throughout the week we will be posting on our Facebook, "X", and Instagram pages. You can find us at **@PAGirlsState** on all three platforms
>
> **Look on our Website**! Our website, www.pagirlsstate.com, will be updated throughout the week. This will be one of your best and most reliable places to check for updates.

We are so excited to have your daughter join us this week, and hope you will keep up with her experience throughout the week through our Social Media platforms.

Closing Ceremony

Please join us as we close the 80th session of the American Legion Auxiliary Keystone Girls State on Friday June 26th.

12:25 PM - Flag Lowering, Ezra Lehman Memorial Library

1:30 PM - American Legion Auxiliary, Keystone Girls State Closing Ceremony, Memorial Auditorium

Parking available at Memorial Auditorium, walk to the Library for Flag Lowering. Flag Lowering is weather permitting.

Please note that Memorial Auditorium will be open for those that cannot make the walk to the Flag Lowering.

MEDICAL INFORMATION 2026:

Student Information

Name:_____ Date of Birth:__/__/__
Sex: (F/M) (LAST/FIRST/MIDDLE INITIAL)

Mailing
Address:_____

(STREET) (CITY) (STATE) (ZIP)

Contact Phone #_____

Emergency Contact

Emergency Contact
Name/Relationship:_____

Emergency Contact Phone # _____

Physician Information

Name:_____ Contact Phone #
_____

(LAST/FIRST)

Mailing
Address:_____
_____

(STREET) (CITY) (STATE)
(ZIP)

Health History

Please check any conditions that the student has been/is diagnosed with.

- ❑ Allergies
  - ❑ Animal hair/dander (cat, dog, etc.)
  - ❑ Cow's Milk
  - ❑ Dust
  - ❑ Eggs
  - ❑ Fish
  - ❑ Mold
  - ❑ Peanuts/Legumes

- ❑ Pollen
- ❑ Shellfish
- ❑ Tree nuts
- ❑ Wheat
- ❑ Soy
- ❑ Other: _____

If any checked, please describe the reaction and the typical course of treatment.

_____
_____
_____

❑ Autoimmune Disease

If checked, please describe the condition.

_____
_____
_____

❑ Cancer (any form)

If checked, please describe the condition.

_____
_____
_____

❑ Diabetes

❑ Dietary Restrictions (including celiac disease)

If checked, please describe the restrictions (do not include allergies here).

_____
_____
_____

❑ Gastrointestinal disease or disorder

If checked, please describe the condition.

_____
_____
_____

❑ Hearing problems/disorders

If checked, please describe the condition.

_____
_____
_____

❑ Heart trouble

If checked, please describe the condition.

_____
_____
_____

❑ High Blood Pressure
❑ Lung disorder (including asthma)

If checked, please describe the condition.

_____
_____
_____

❑ Mental Health problems/disorders

If checked, please describe the condition.

_____
_____
_____

❑ Seizure/Epilepsy

If checked, please describe the condition or the last known record of an epileptic episode/seizure.

_____
_____
_____

❑ Vision problems/disorders

If checked, please describe the condition.

_____
_____
_____

Has the student been treated by a physician or been disabled or hospitalized during the last year? If so, please describe.

_____
_____
_____
_____

Have you had or been advised to have a surgical operation within the last five years? If so, please describe.

_____
_____
_____
_____

Date of last physical:_____ Date of last tetanus shot: _____

Medications, prescribed to or OTC, taken by student (include medication, frequency, and dosage):

_____
_____
_____
_____

If needed, my daughter can be given the following OTC medications:

- ❑ Tylenol/Acetaminophen
- ❑ Motrin/Ibuprofen
- ❑ Tums/Gas-X
- ❑ Pepto Bismol/Imodium
- ❑ Benadryl/Antihistamine (topical and ingestible)
- ❑ Midol/Naproxen
- ❑ Sudafed
- ❑ Aloe
- ❑ Cortisone
- ❑ Neosporin

I consent that, should the need arise, medical care may be provided by a licensed medical professional to my daughter as follows:

- ❑ Permission is hereby granted to provide emergency medical treatment and hospital services as ordered or recommended by a qualified attending physician.
- ❑ In the event of an emergency and I cannot be reached, permission is granted to seek and emergency medical care rendered by a licensed medical professional

including the administration of an anesthetic, X-ray examination, laboratory procedures, medical or surgical treatment, or other hospital services.

- ❑ Based on my daughter's medical history and medication regimen, permission is granted for my daughter and the American Legion Auxiliary Girls State nurse to develop a medication administration plan(s) to be administered during the program.
- ❑ Permission is granted to American Legion Auxiliary Girls State to administer First Aid including the use of bandages and to the nurse to administer over-the-counter medications and minor medical care. I understand that the non-prescription medications listed above may be stocked in the Health Center and are used on an as-needed basis to manage illness or injury per the manufacturer's guidelines.
- ❑ I have marked through the non-prescription medications listed above that may be administered to my daughter.
- ❑ ALA Girls State programs as well as the ALA Girls Nation program are not designed for and may exclude pregnant or drug abusing teenage girls.
- ❑ ALA Girls State and Girls Nation are designed for female high school students who are serious about and capable of carrying out the rigors of leadership. Because of possible medical implications, excluding girls who are pregnant or who are abusing drugs is appropriate, allowable, and removes a potential liability for the program.___

Signatures:

_____

Participant Date

_____

Parent/Guardian Date

PLEASE PROVIDE INSURANCE INFORMATION FOR STUDENT (FILL OUT INFORMATION BELOW AND ATTACH PHOTO OF FRONT AND BACK OF INSURANCE CARD).

Insurance Provider: _____ Policy Number: _____

Name of Insured: Address of Provider:

_____

TRAVEL INFORMATION 2026

KEYSTONE GIRLS STATE DELEGATE:

Name: _____

(FIRST) (MIDDLE INITIAL) (LAST)

PERSONAL TRANSPORTATION TO SHIPPENSBURG:

Name of Driver: _____ Relationship: _____

Estimated arrival time: _____ Contact phone: _____ or_____

Any citizen driving herself to KGS will relinquish her car keys to KGS office staff for duration of KGS Session. Keys will be locked into the safe until completion of closing ceremony.

Registration will take place from 11AM - 1PM at Naugle Hall on June 21, 2026

Please eat lunch prior to arrival.

PERSONAL TRANSPORTATION TO HOME:

Name of Driver:_____ Relationship: _____

Date: _____ Time:_____

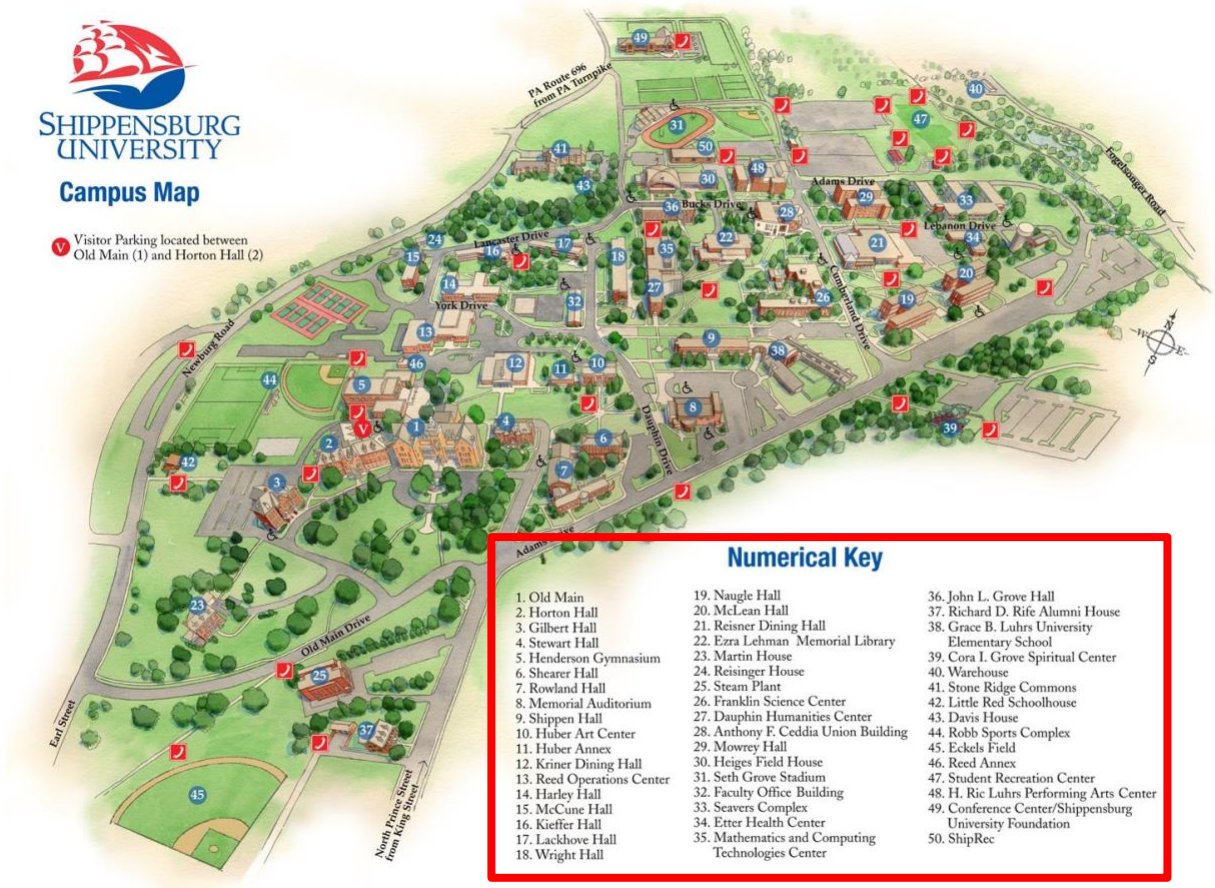
***Citizens may check out (after closing ceremony and their rooms have been inspected by counselor and door key returned) you will then be dismissed to depart with family and friends.**

_____

(Signature of parent or guardian)

Complete, sign and return this form at registration.

Campus Map



Numerical Key

1. Old Main
2. Horton Hall
3. Gilbert Hall
4. Stewart Hall
5. Henderson Gymnasium
6. Shearer Hall
7. Rowland Hall
8. Memorial Auditorium
9. Shippen Hall
10. Huber Art Center
11. Huber Annex
12. Kriner Dining Hall
13. Reed Operations Center
14. Harley Hall
15. McCune Hall
16. Kieffer Hall
17. Lackhove Hall
18. Wright Hall
19. Naugle Hall
20. McLean Hall
21. Reisner Dining Hall
22. Ezra Lehman Memorial Library
23. Martin House
24. Reisinger House
25. Steam Plant
26. Franklin Science Center
27. Dauphin Humanities Center
28. Anthony F. Ceddia Union Building
29. Mowrey Hall
30. Heiges Field House
31. Seth Grove Stadium
32. Faculty Office Building
33. Seavers Complex
34. Etter Health Center
35. Mathematics and Computing Technologies Center
36. John L. Grove Hall
37. Richard D. Rife Alumni House
38. Grace B. Luhrs University Elementary School
39. Cora I. Grove Spiritual Center
40. Warehouse
41. Stone Ridge Commons
42. Little Red Schoolhouse
43. Davis House
44. Robb Sports Complex
45. Eckels Field
46. Reed Annex
47. Student Recreation Center
48. H. Ric Luhrs Performing Arts Center
49. Conference Center/Shippensburg University Foundation
50. ShipRec

2026 ALA Keystone Girls State

Arrival and Departure Procedure

Arrival Procedure

Upon arrival at Naugle Hall parking lot

1. LEAVE ALL BELONGINGS in your vehicle until you and your daughter registers. Bring the following paperwork inside with you..
    a. KGS medical forms
    b. Copy of daughter/citizens insurance card
    c. Travel form
    d. Hard copy of your Samsung Scholarship application if you have already applied.
2. Follow the arrows up the large staircase to the right of the building.
3. Parents will take the medical paperwork and a copy of the medical card to the health care staff.
4. The citizen will take her travel form and hard copy of Samsung Scholarship application to the registration desk. Citizen will receive room assignment and rejoin her parents to unload your vehicle, move in and meet roommate and city family. **WELCOME TO The 80th Session ALA Keystone Girls State 2026**

Check Out Procedure

On Friday morning all citizens will clean their room and complete the Check Out form. All luggage will be placed in the lounges and citizens will turn in their key and meal card to their counselors prior to closing Ceremonies. Citizens **may NOT** check out prior to the designated time; l**eaving early will result in a failure to receive your Certification of Completion, and therefore you will be responsible for the charges and financial responsibilities associated with not completing the ALA Girls State program, as agreed to in your application submission.** Citizens and their families must remain in the Auditorium until the conclusion of the Closing Ceremonies. During the ceremony all luggage will be locked inside the residence hall. Upon the conclusion of the Ceremony, citizens and families will be allowed to retrieve items from the lounges, take pictures, and say their goodbyes to their fellow citizens.